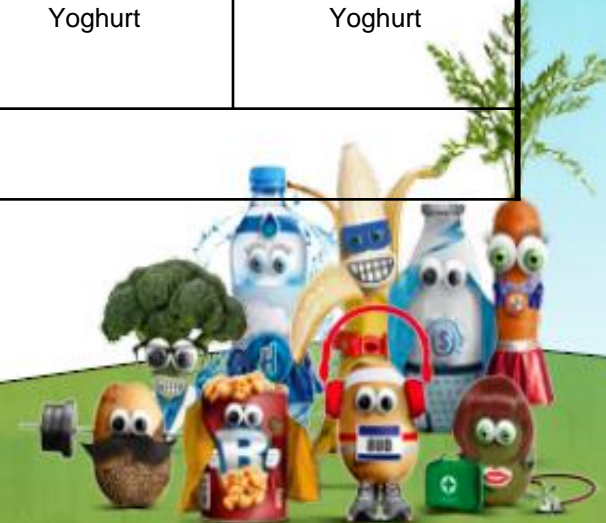


# Walton on the Naze Menu

## Week 1



|   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|---|--|--|---|---|
| Hot Main Dish   | <b>Mozzarella &amp; Tomato Pizza**</b><br>and Potato Wedges<br>with Mixed Salad | <b>Pork Sausages</b><br>with a Creamy Mashed Potato,<br>Peas and Gravy | <b>Roast Chicken with Roast Potatoes and Yorkshire Pudding</b><br>With Carrots and Gravy | <b>Beef Spaghetti Bolognese**</b><br>with a Crunchy Salad | <b>Freshly Made Breaded Chicken Burger</b><br>with Chips<br>and Baked Beans or Peas |
| Alternative Dish  | Tuna Mayonnaise Baguette<br>and Mixed Salad                                     | Veggie Sausage<br>with a Creamy Mashed Potato,<br>Peas and Gravy       | Quorn Roast with Roast Potatoes with Roasted Vegetables and Gravy                        | Jacket Potato with Baked Beans and a Crunchy Salad        | Cheese Baguette<br>with Chips and Baked Beans or Peas                               |
| Desserts  | Chocolate Oatie<br>Fresh Fruit<br>Yoghurt                                       | Cheese and Crackers<br>Fresh Fruit<br>Yoghurt                          | Ice Cream<br>Fresh Fruit<br>Yoghurt  | Sponge and Custard<br>Fresh Fruit<br>Yoghurt              | Chocolate Crispie<br>Fresh Fruit<br>Yoghurt   |
| Milk/Cool Water served daily<br>*Fruit Based **Wholegrain |   |  |  |   |   |



# Walton on the Naze Menu

## Week 2



|                             | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|-----------------------------|---|---|---|--|---|
| <b>Hot Main Dish</b>        | <b>Fish fingers</b><br>with mashed potato<br>and sweetcorn                    | <b>Freshly Made<br/>Chicken Nuggets</b><br>with Potato Wedges<br>and peas | <b>Roast Pork with<br/>Roast Potatoes &amp;<br/>Yorkshire Pudding</b><br>With Carrots,<br>Seasonal Cabbage<br>and Gravy | <b>Chicken Wrap</b><br>With Pasta and<br>Sauce Dip | <b>Beef Burger in a<br/>Bun</b><br>with Chips and<br>Baked Beans or<br>Peas |
| <b>Alternative<br/>Dish</b> | Jacket Potato with<br>Cheese with<br>Sweetcorn                                | Tuna Baguette<br>with Salad   | Roast Quorn with<br>Mashed Potato<br>Carrots, Seasonal<br>Cabbage and Gravy   | Macaroni Cheese<br>with Crunchy Salad<br>Selection | Vegetarian Burger<br>with Chips<br>and Baked Beans or<br>Peas               |
| <b>Desserts</b>             | Chocolate Berry<br>Cake with<br>Chocolate Sauce<br><br>Fresh Fruit<br>Yoghurt | Muffin<br><br>Fresh Fruit<br>Yoghurt                                      | Homemade Oatie<br>Biscuit<br><br>Fresh Fruit<br>Yoghurt   | Flapjack<br><br>Fresh Fruit<br>Yoghurt             | Ice-Cream Pot<br><br>Fresh Fruit<br>Yoghurt                                 |

Cool Water served daily  
\*Fruit Based \*\*Wholegrain

