

Sports and PE at Walton Primary School

2017-2018

Walton Primary recognises the value and impact of high quality PE and sport for all. Our Walton acronym is relevant to all aspects of the school curriculum. It is our aim that learners:

- Show commitment to PE and school sport
- Have the confidence to get involved
- Willingly participate in a range of activities
- Show desire to improve and achieve
- Enjoy PE and school sport
- Know and understand what they are trying to achieve
- Understand that PE and schools sport are part of a healthy and active lifestyle
- Have the skills and control they need
- Think about what they are doing and make appropriate decisions
- Have stamina, suppleness and strength
- Use equipment and spaces safely.

In order to help raise standards in PE, Walton Primary has recently joined in partnership with East Coast Basketball Limited. They will be providing a varied, school sports programme. This coaching is provided as CPD for teachers who attend and participate in sessions so that the impact is sustainable. As well as this, it aims to help engage children and their families in sports activities. The team works closely with the PE leads.

The PE leads have established other partnerships within the local community and with parents through various sporting events, including: netball, football, basketball, tennis, athletics and golf.

The school has invested in some schemes of work for PE which are broad and balanced in content, but also have clear skill progression so that all children can make progress. PE Cross curricular links are embedded in the curriculum so every opportunity is taken to maximise activity and outdoor and adventurous learning.

A range of extra-curricular sports activities are offered as clubs. These include: football, netball, athletics, basketball, tennis, golf and Wii Dance.

Children participate in competitive and non-competitive games and these are played at Walton Primary and at other schools.

An outdoors adventurous residential trip, to Essex Outdoors Mersea, is always offered to year 6 and subsidised by the school to ensure access for all. As well as this, year 5 are also given the opportunity to attend a taster session in preparation for their year 6 residential trip.

The playground promotes physical activity with an extensive range of small and large apparatus available. This includes climbing frames, rope walks, stepping stones, skipping ropes, basketball hoops and balls, goal posts and footballs and hopping balls. Playground markings encourage active play and learning. With the support of our Pastoral Support Team, the year 6s are encouraged and trained to lead games and encourage activity.

The school is a 'Good' Healthy School. Healthy lifestyles are encouraged and promoted through the school curriculum with a focus on physical and emotional wellbeing. Our Pastoral Support Team goes above and beyond in support children and their emotional well-being. For example, exercise is promoted as a means to a sense of well-being. Physical activity breaks are used as a strategy for children with concentration difficulties and other learning difficulties. As well as promoting physical well-being, the staff and children have participated in a gardening club.

Supervised play is provided for children experiencing difficulties in playing without supervision, such as our early morning gym trail sessions. This provision offers a range of sports and active pastimes to engage children in positive interaction with one another.

As well as engaging their 2 hours of PE a week, all classes also participate in a Weekly Walk. This aims to develop stamina and a love of walking, as well as supporting a cross-curricular link with geography.

Walton Primary recognises the value of outdoor learning and this is encouraged across the curriculum. There are extensive grounds with playing fields, wild areas and large playgrounds in the immediate environment. However, the school also makes use of the local area for walks and outdoor learning including the local beach and Naze.

The school also has links with Birch Hall Adventures; the class with the best attendance at the end of the year is awarded a fun, adventurous trip.

Annually, all classes compete in a whole school Sports Day and an additional Fun Sports Day. As well as this, year 6 also participate in orienteering activities, making use of the school's facilities.

By the end of their primary school years, all children will have accessed at least 3 terms worth of swimming lessons at their local swimming pool.

As well as encouraging participation in sports, all children are also encouraged to attend and watch sporting events. For example, several children are given the opportunity to attend the BMW PGA Championship at Wentworth. Additionally, during the recent 2018 World Cup, all classes across the school followed the progress of various teams. Again, this linked with many different areas of the curriculum.

Walton Primary is an active member of the Clacton and District Primary School Sports Association (CDPSSA). This allows the school to participate in inter-school competitions. These are the pathway to county and national events.

Impact

- All year groups were able to access extra-curricular sports clubs.
- The sports teams have improved self-esteem and discipline and they are currently performing with greater success in local matches.
- Sports results were pleasing:
 - Both our boys and girls football teams performed satisfactorily in the local leagues
 - The Netball Team attended the county finals and finished 13th of all school across the county, after achieving first in the local league.
 - At the Garrison Athletics event we performed very well, with multiple children winning medals in their event (some children won in more than one event).
 - At our first basketball tournament, our team came second against other local schools.