

# Sports and PE (including Sport's Premium) Plan at Walton Primary School 2019-2020

Walton Primary recognises the value and impact of high quality PE and sport for all. Our Walton acronym is relevant to all aspects of the school curriculum. It is our aim that learners:

- Show commitment to PE and school sport
- Have the confidence to get involved
- Willingly participate in a range of activities
- Show desire to improve and achieve
- Enjoy PE and school sport
- Know and understand what they are trying to achieve
- Understand that PE and schools sport are part of a healthy and active lifestyle
- Develop the key skills and control they need
- Think about what they are doing and make appropriate decisions
- Have stamina, suppleness and strength
- Use equipment and spaces safely.

Walton has achieved *Gold* standard for the *School Games Award* (a Government led award scheme) in recognition of our commitment to the development of competition across the school and into the community as well as provision of sporting opportunities for Key Stage 2. In addition to this, the school's Key Stage 1 sporting provision has been recognised through the awarding of *Active Essex KS1 PE, School Sport and Activity Award*.

In order to help raise standards in PE, Walton Primary is joined in partnership with *East Coast Basketball Limited*. They provide a varied school sports programme. This coaching has been attended by teachers as part of their CPD who participated in sessions so that the impact is sustainable. As well as this, it aims to help engage children and their families in sports activities. The coaching team works closely with the PE lead.

The PE lead has established other partnerships within the local community and with parents through various sporting events, including: netball, football, basketball, tennis, athletics, boccia and golf, and there remains a focus on inclusive sports. Walton Primary is a member of the Clacton and District Primary School Sports Association (CDPSSA). This allows the school to participate in inter-school competitions. These being the pathway to county and national level events. The association also promotes links to sporting venues, training opportunities and the sharing of experiences and ideas for good practice.

The school has invested in some schemes of work for PE which are broad and balanced in content, but also have clear skill progression so that all children can make progress. PE Cross-curricular links are embedded in the curriculum so every opportunity is taken to maximise activity and outdoor and adventurous learning.

A range of extra-curricular sports activities are offered as clubs. These include: football, netball, athletics, basketball, tennis and golf. Children participate in competitive and non-competitive games and these are played both at Walton Primary, other primary schools and external sporting venues.

An outdoors adventurous residential trip, to Essex Outdoors Mersea, is always offered to year 6 pupils and subsidised by the school to ensure access for all. As well as this, year 5 pupils are also given the opportunity to attend a taster session at this venue in preparation for their year 6 residential trip.

The playground promotes physical activity with an extensive range of small and large apparatus available. This includes climbing frames, rope walks, stepping stones, skipping ropes, basketball hoops and balls, goal posts and footballs and hopping balls. Playground markings encourage active play and learning. With the support of our Pastoral Support Team, our year 6 pupils are encouraged and trained to lead games and encourage activity.

The school is a 'Good' Healthy School. Healthy lifestyles are encouraged and promoted through the school curriculum with a focus on physical and emotional wellbeing. Our Pastoral Support Team goes above and beyond in supporting children and their emotional well-being. For example, exercise is promoted as a means to a sense of well-being. Physical activity breaks are used as a strategy for children to maintain concentration and support other learning needs.

Supervised play is provided for children experiencing difficulties in playing without supervision, such as our early morning gym trail sessions. This provision

offers a range of sports and active pastimes to engage children in positive interaction with one another.

As well as engaging in their timetabled 2 hours of PE lessons a week, all classes also participate in a Weekly Walk. This aims to develop stamina and a love of walking, as well as supporting a cross-curricular link with geography. By the end of their primary school years, all children will have accessed at least 3 terms worth of swimming lessons at their local swimming pool.

Walton Primary recognises the value of outdoor learning and this is encouraged across the curriculum. There are extensive grounds with playing fields, wild areas and large playgrounds in the immediate environment. However, the school also makes use of the local area for walks and outdoor learning including the local beach and Naze.

The school also has links with Birch Hall Adventures; the class with the best attendance at the end of the year is awarded a fun, adventurous trip.

Annually, all classes compete in a whole school Sports Day and an additional Fun Sports Day. As well as this, year 6 also participate in orienteering activities, making use of the school's facilities.

As well as encouraging participation in sports, all children are also encouraged to attend and watch sporting events. For example, several children are given the opportunity to attend the BMW PGA Championship at Wentworth.

### **Impact (See additional report from 2018/19)**

- The school achieved Gold standard for the School Games Award for the year 2018/19 (improving on the Bronze level awarded for the previous year)
- All year groups were able to access extra-curricular physical activity.
- The sports teams have improved self-esteem and discipline and they are currently performing well in local matches.
- A wider variety of sporting tournaments and festivals were attended by at least one team this year with the inclusion of rounders, Boccia and Kwik cricket.
- Sports results were pleasing:
  - Both our boy's and girl's football teams performed satisfactorily in the local leagues

- The Netball team attended league events and performed well
- At the Garrison Athletics event children across Key Stage 2 were able to experience an inter-school competition at a large athletics sports venue
- Our Basketball team has continued to attend tournaments regularly and performed well against other local schools associated with East Coast Basketball

### Use of Sport's Premium and Action Plan 2019-2020

#### (with reference to Primary PE and Sport Premium Key Indicators)

Funding for this year is £ 18,180 (funding not allocated yet). £19110

Key Objective and anticipated benefits.	Specific year group/key personnel to be targeted.	Actions to achieve	Costing (to nearest £10.)
<p><b>1. Provide greater extra-curricular sporting opportunities for all pupils.</b></p> <p>A wider variety of coaches will be acquired to inspire our children to undertake before and after school sport; more children will participate in competitive and non-competitive physical activity in addition to their 2 hours of timetabled PE lessons. The school will be represented in competitions at level 2 and level 3. Through wider engagement in physical activities, children will be more active in PE lessons leading to greater progress.</p> <p><b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school</p> <p><b>Key indicator 5:</b> Increased participation in competitive sport</p>	Pupils in all year groups	<p>Sports Coach Golf (Outside agency) Tennis (External coach) Membership to Clacton &amp; District Primary School Sports Association Transport to sporting events Football for Boys Football for Girls Athletics club</p> <p>Various tournaments and festivals including inclusive events (e.g. Boccia)</p> <p>Weekly walk Gym trail</p> <p>Birch Hall attendance prize trip New team kit</p>	<p>10080 300 300 200</p> <p>1500 (within Sport's coach pay)</p> <p>£100 £530 (LSA 1 hour)</p> <p>£400 £350 £200</p>
<p><b>2. To improve the confidence and ability of swimming for all participating children</b></p> <p>Children will develop the skills and knowledge to enter the water confidently and safely.</p> <p><b>Key indicator 2:</b> The profile of PE and sport being raised across the school as a tool for whole school improvement</p>	5 and 6  Year 5 and 6	<p>2 x Swimming sessions(employed instructors)</p> <p>Swimming pool charges</p> <p>Swim safe Top up lessons?</p>	<p>£400</p> <p>£1000</p>
<p><b>3. Improve the teaching of Physical Education and the learning experience for all pupils.</b></p> <p>Specialist coaches will also be utilised to work alongside our own LSA's to upskill and to improve the quality of teaching in order to make lessons more inclusive and to increase pupil progress. Through the membership of the CDPSSA, CPD opportunities and examples of good practice will be shared to promote confidence in the teaching of PE across all teaching staff.</p>	LSA's	<p>Sport's Coach Training courses for teachers</p> <p>Tennis morning sessions (External coach) New P.E. equipment e.g. football goal post Sports grounds maintenance</p> <p>Sports for schools additional visits Sponsorship events Taster sessions through external provision (e.g. squash)</p>	<p>As above AS above</p> <p>£250 £3300</p>

<p><b>Key indicator 2:</b> The profile of PE and sport being raised across the school as a tool for whole school improvement</p> <p><b>Key indicator 3:</b> Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>		<p>Membership to Clacton &amp; District Primary School Sports Association</p>	<p>As above</p>
<p><b>4. Improve the sporting opportunities given to younger children</b></p> <p>To promote the attendance and engagement in extra curricular activities starting at the KS1 level. Promoting enjoyment and understanding of the benefits of an active lifestyle from the beginning of children’s school careers. Children will develop a healthy attitude towards a physically active lifestyle.</p> <p><b>Key indicator 2:</b> The profile of PE and sport being raised across the school as a tool for whole school improvement</p> <p><b>Key indicator 4:</b> Broader experience of a range of sports and activities offered to all pupils</p>	<p><i>Sports coach</i> <i>KS1</i></p>	<p>Clubs to run for a range of year groups Morning tennis Gardening club Gym trail Weekly walk Sport festivals Sporting taster sessions through external provision</p>	<p>As above</p> <p>£100</p>
<p><b>5. Promote the development of leadership skills through a sports committee</b></p> <p>Children will develop confidence, improved self-esteem and leadership skills through opportunities to organise and lead intra-school sporting events. The committee will promote the awareness of the importance of physical activity for all.</p> <p><b>Key indicator 4:</b> Broader experience of a range of sports and activities offered to all pupils</p>	<p><i>Years 5/6</i></p>	<p>School Sport Organising Committee</p> <p>Celebrate success of sporting achievements in weekly celebration assembly</p> <p>Attendance of sporting events for School Sport Organising Committee</p>	<p>£100</p>
<p><b>6. Further develop intra-school competitive opportunities across a wider range of sporting activities</b></p> <p>Children will develop greater confidence and have the opportunity to show a wider range of skills through engagement in a wider selection of physical activities with a focus on inclusive sports (e.g. Boccia). This will promote the awareness of the importance of physical activity for all. The school will be represented in competitions at level 2 and level 3. Through wider engagement in physical activities, children will be more active in PE lessons leading to greater progress.</p> <p><b>Key indicator 4:</b> Broader experience of a range of sports and activities offered to all pupils</p> <p><b>Key indicator 5:</b> Increased participation in competitive sport</p>	<p><i>All year groups</i></p>	<p>Intra school events New sports equipment School Sport Organising Committee</p>	<p>As before</p>